

# LET'S CAMP!



# ACTIVITY: SOCK SPORTS

## Material Needed:

- Socks: Roll and fold a pair of socks into one another. Add more socks, if you want your ball to be bigger!
- Goals/Targets: this can include things you find around your house (buckets, boxes, pillows, couch cushions, trash cans). Possibilities are endless!
- Your Imagination!

**Safety First!** Make sure to prepare the arena that you will be playing Sock Sports. The arena can be a living room, outdoors, a bedroom, or anywhere there will be enough space to play the sock games. With an adult, make sure to remove protect or remove anything that could break (lamp, electronics, etc.)

## LET THE GAMES BEGIN

### BASKETBALL

Place a “basket” in the middle of your arena that is clear from obstacles. Practice shooting from different spots and distances. Challenge a family member to a game of “HORSE” or who can make the most shots in a row!

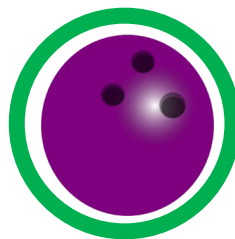


### SOCCER

Create a “goal” out of couch cushions and pillow. Practice kicking the ball from different distances into the goal. If there are more people wanting to play, create a bigger playing space, add a second goal and play a little 1v1 or 2v2 soccer.

### BOWLING

Find 6 “pins” around your house. These can be milk cartons, plastic cups, water bottles, etc. Set them up in a triangle pattern. Take about 10 steps back from the pins and roll your sock ball and see how many pins you can knock down!



### JUGGLING

Practice juggling with sock balls. Start with one, then add a second, and go on from there. How many socks can you juggle at once?

### SNOWBALL FIGHT

Find as many pairs of socks that you can around your house for your snowballs. In a space that is clear of any items that could break, build a snow fort with pillows and cushions. On the count of 3 let the snowball palooza begin!



### MINI SOCK GAMES

\*See how many socks you can put on your foot at once!

\*See how many socks you can put on your foot at once while being blindfolded and wearing gloves!

\*Racing against someone else, who can match 10 pairs of socks the quickest. Ready, set, go!